

Red Clay Consolidated School District VEGETARIAN MENU

Monday	Tuesday	Wednesday	Thursday	Friday
13 Mini Calzones w/ Marinara	14 French Toast Sticks w/ Yogurt & Cheese Stick*	15 Morning Star Veggie Nuggets*	16 Enchilasnaga w/ Breadstick	17 Cheese Pizza Slice
20 No School	21 No School	22 Mozzarella Sticks w/ Marinara	23 Morning Star Black Bean Burger	24 Cheese Pizza Slice
27 Morning Star Veggie Nuggets*	28 Grilled Cheese w/ Cheddar Goldfish	29 French Toast Sticks w/ Yogurt & Cheese Stick*	30 Morning Star Veggie Nuggets w/ Onion Rings & Soft Pretzel*	31 Cheese Pizza Slice
3 Cheese Pizza Dipper With Marinara	4 Enchilasnaga w/ Breadstick	5 Morning Star Veggie Nuggets	6 Bean & Cheese Burrito w/ Salsa *	7 Cheese Pizza Slice
10 Mini Calzones w/ Marinara	11 French Toast Sticks w/ Yogurt & Cheese Stick*	12 Tostitos Chips with Bean Salad & Queso*	13 Morning Star Meatless Nuggets*	14 No School
17 No School	18 Mozzarella Sticks w/ Marinara	19 Tortellini w/ Marinara & Garlic Knot	20 Morning Star Black Bean Burger	21 Cheese Pizza Slice

*Jamwich and Dairy Lunchable available Daily
Cheese Pizza Slice available daily at the high-schools only and every Friday for Elementary and Middle
Schools.